 

**Chicken taquitos**

**Beans**

**Cucumber slices**

**Variety of fruits**

**& vegetables**

**Pizza**

**Salad w/croutons**

**Variety of fruits**

**&**

**vegetables**

**Pizza**

**Salad w/croutons**

**Variety of fruits**

**&**

**vegetables**

**Chicken Alfredo**

**Broccoli florets**

**Salad w/croutons**

**Variety of fruits**

**& vegetables**

**Chili beans**

**Cornbread**

**Salad w/croutons**

**Variety of fruits**

**& vegetables**

**Cheeseburger**

**French fries**

**Lettuce & tomato**

**Variety of fruits**

**& vegetables**

**Popcorn chicken**

**Corn**

**Salad w/croutons**

**Variety of fruits**

**& vegetables**

**All students will be offered five components at lunch. Meat/Meat Alternative, Bread/Grain, Fruit, Vegetables and Milk**

**Students must select a ½ cup serving of fruit or vegetable and two other components for a complete meal. Students may take all five components**

**INGREDIENTS AND MENU ITEMS ARE SUBJECT TO CHANGE OR SUBSTITUTION WITHOUT NOTICE**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER MEALS ARE FREE TO ALL STUDENTS**

**Offered daily**

**Variety fruit & vegetable options**

**All grains are whole grain rich. Choice of 1%**

**white milk or non-fat chocolate milk**

**SEPTEMBER 2024**

**ELEMENTARY LUNCH MENU**



**Chicken nuggets**

**Corn**

**Salas w/croutons**

**Variety of fruits**

**& vegetables**

**Pizza**

**Salad w/croutons**

**Variety of fruits**

**&**

**vegetables**

**Barbacoa**

**Spanish rice**

**Beans**

**Variety of fruits**

**& vegetables**

**Sunbutter sandwich**

**Garden sunchips**

**String cheese**

**Variety of fruits**

**& vegetables**

**Chicken burger**

**Corn**

**Lettuce leaf**

**Variety of fruits**

**& vegetables**

**Pizza**

**Salad w/croutons**

**Variety of fruits**

**&**

**vegetables**

**Machaca burrito**

**Beans**

**Celery sticks**

**Variety of fruits**

**& vegetables**

**Chicken tamale**

**Beans**

**Salad w/croutons**

**Variety of fruits**

**& vegetables**

**Turkey ham and cheese**

**Doritos nacho chips**

**Lettuce leaf**

**Variety of fruits**

**& vegetables**

**Mini hotdogs**

**French fries**

**Carroteenies**

**Variety of fruits**

**& vegetables**

**Taco**

**Refried beans**

**Shredded lettuce**

**Variety of fruits**

**& vegetables**

**Orange chicken**

**Steamed rice**

**Broccoli florets**

**Variety of fruits**

**& vegetables**

**Quesadilla**

**Beans**

**Carroteenies**

**Variety of fruits**

**& vegetables**